

Course	Date 1	Date 2	Date 3
Adverse Childhood Experiences (ACEs)	Thurs 29th April (16:00)	Weds 26th May (10:00)	Tues 15th June (18:00)
Beginners Guide to SEND Services in North Yorkshire	Weds 19th May (15:45)		
Contextual Safeguarding	Thurs 20th May (16:00)	Weds 9th June (18:00)	Thurs 24th June (10:00)
Direct Work Tools	Weds 28th April (10:00)	Mon 24th May (18:00)	Thurs 10th June (16:00)
Early Help Assessments and Running Successful Team Around the Family Meetings	Tues 27th April (18:00)	Mon 17th May (10:00)	Weds 16th June (16:00)
Early Help for Early Years Providers	Sat 8th May (09:00-12.00)	Sat 12th June (09:00-12.00)	
Early Language Development and the Importance of Early Intervention	Weds 28th April (18:00)	Weds 26th May (18:00)	Weds 30th June (18:00)
Family Networks	Tues 4th May (18:00)	Tues 8th June (10:00)	Weds 23rd June (16:00)
Having Difficult Conversations with Parents	Tues 11th May (18:00)	Thurs 17th June (10:00)	Mon 28th June (18:00)
Impact of Domestic Abuse on Children and Young People **	Fri 14th May (16:00)	Fri 18th June (16:00)	

Course	Date 1	Date 2	Date 3
Improving School Attendance	Thurs 15th April (18:00)	Weds 5th May (10:00)	Thurs 1st July (16:00)
National Centre for Domestic Violence **	Mon 17th May (16:00)		
Parental Conflict	Weds 21st April (16:00-17:15)	Mon 10th May (10:00-11:15)	Thurs 27th May (18:00-19:15)
Running Successful Team Around the Family Meetings	Tues 25th May (16:00)		
School Anxiety and Refusal	Thurs 22nd April (18:00)	Weds 12th May (16:00)	Tues 22nd June (10:00)
Strength and Relationship Practice Model	Mon 19th April (10:00)	Tues 18th May (18:00)	Tues 29th June (16:00)
Supporting LGBTQ+ Children in Schools	Thurs 6th May (16:00)		
Supporting Service Children in Schools and Early Years Settings	Tues 27th April (10:00)	Weds 19th May (16:00)	
Supporting Young Perpetrators of Domestic Abuse —IDAS **	Weds 30th June (16:00)	Weds 7th July (16:00)	
Thresholds - Safe Uncertainty	Thurs 13th May (10:00)	Mon 21st June (16:00)	

Please ring one of the following numbers to book a place on any of the sessions, or send an email to:

Earlyhelpbusinesssupport@northyorks.gov.uk

Once booked you will be sent email confirmation with a link to join the session 48 hours before the session starts. *If you do not get this link, please check your spam.*

Early Help Central - Selby, Hambleton & Richmondshire 01609 534829

Early Help West - Harrogate, Knaresborough, Ripon & Craven 01609 534842

Early Help East - Scarborough, Ryedale & Whitby 01609 534852

Sessions run for one hour, unless otherwise stated on the programme above.

All sessions are delivered by NYCC Early Help Consultants unless indicated otherwise.

Training Offer	Sessions Synopsis and Notes
Adverse Childhood Experiences (ACEs)	This session will explain Adverse Childhood Experiences and help you understand the impact they have, and may be having, on a child's well-being and life chances. It will also provide an insight into why some children behave as they do and provide strategies for support.
Beginners Guide to SEND Services in North Yorkshire	This session is helpful for new headteachers, SENCos and other colleagues who would like an overview of SEND services in North Yorkshire plus those people who would like a refresher.
Contextual Safeguarding	This session is aimed at education settings in line with Keeping Children Safe in Education. All staff, but especially the Designated Safeguarding Lead (or Deputy), should be considering the context within which incidents and/or behaviours of concern occur. This is known as contextual safeguarding, which simply means assessments of children should consider whether wider environmental factors are present in a child's life that are a threat to their safety and/or welfare.
Direct Work Tools	You know there is something not quite right but you are not sure how to find out what is worrying a child. The Direct Work Tools are just what you need. This session introduces you to tried and tested tools that will enable you to learn what is going on for the child and how to help them start their journey towards positive change.
Early Help Assessments and Running Successful Team Around the Family Meetings	Are you concerned about a child in your care? Identify what support the child and the family might need by using the Early Help Assessment tool to explore what's going on for them and how to help their situation. Supporting families to help their children overcome worries or concerns can be daunting, particularly if there are difficult stories or differences in opinion. Getting everyone to agree positive changes for a child is the art of successfully facilitating a Team Around the Family meeting. This session will help you understand how the Signs of Safety approach can be used to improve outcomes for children, young people and their families.
Early Help for Early Years Providers	This session includes all of the advice and guidance an Early Years provider needs to identify, plan and implement support which children and their families require when they ask for your help or you have concerns. Delivered in a fun, interactive way, the session will provide attendees with confidence to implement the Early Help strategy and how it can support your service delivery and outcomes for the children in your care. This is a three hour session .

Training Offer	Sessions Synopsis and Notes
Early Language Development and the Importance of Early Intervention *	Speech, language and communication is both an essential building block for a range of cognitive and social and emotional skills, as well as a predictor of later-life issues. It is a primary indicator of child well-being and social mobility. This session will cover; the foundations for healthy speech, language and communication development, how speech, language and communication develops during the first 5 years of life, factors that can impact on healthy speech, language and communication development, the impact of high quality early intervention and how to embed quality first practice for speech, language and communication development.
Family Networks	The saying “it takes a village to raise a child” is still very true today and for many parents they need the support from within their family or the wider community. This session will explore the intricacies of family networks which can be a bit of a minefield, as family relationships are multi-faceted and complex. We will consider how to find out who are the important players in a child's life and why they matter, who would support the child if asked and what would they want them to offer.
Having Difficult Conversations with Parents	You need to arrange a meeting with a family and you know that it is going to be very difficult or they may not even attend. This session will help you explore how to start rebuilding relationships to work towards positive engagement and positive change.
Impact of Domestic Abuse on Children and Young People **	Research consistently shows that children living with domestic abuse have higher rates of depression, trauma symptoms and behavioural/cognitive problems than other children. The research highlights that 1 in 7 children and young people under the age of 18 will have lived with domestic violence at some point in their childhood (nearly a 1/4 of a class). In 90% of incidents, children are in the same or next room to the violence where domestic abuse is happening and 62% of children were directly harmed. This session will further explain the impact of domestic abuse on children, how you can support them and what support is available locally and nationally.
Improving School Attendance	We all know that the impact of poor school attendance can have devastating effects. Find out how to work with parents, the young person and the school community to encourage and maintain good school attendance for all pupils. This course will include strategies and practical tools for schools to use to promote good school attendance and will also explore evidence based systems and outcomes.
National Centre for Domestic Violence **	<p>The National Centre for Domestic Violence is an organisation that provides free fast legal support to survivors of domestic violence, usually resulting in an emergency protective injunction. The service is available to everybody, irrespective of financial circumstances, sexual orientation, race or gender. We specialise in three types of civil domestic violence injunctions; Non Molestation Orders, Occupation Orders and Prohibited Steps Orders - of which the majority are obtained within 24 hours. The service NCDV provide is free.</p> <p>The training covers the orders we are able to obtain, their criteria/eligibility, how we assess a case, see if the applicant is eligible for legal aid or will be self-representing, the benefits of the various civil orders available, the court process, how the order is served and the many ways how you can refer someone (with their consent) to NCDV.</p>
Parental Conflict	For lots of children parental conflict is part of everyday life and more often than not parents are not aware of the potential impact it has on their children. Work, finances and household chores are just a few of the competing elements that can cause tensions to rise, disagreements to escalate and arguing to become commonplace. This session is all about how professionals can recognise and understand the impact of parental conflict on a child's well-being and how to support families to make positive changes.

Training Offer	Sessions Synopsis and Notes
Running Successful Team Around the Family Meetings	Supporting families to help their children overcome worries or concerns can be daunting, particularly if there are difficult stories or differences in opinion. Getting everyone on the same page in order to make positive changes for a child is all in the art of successfully facilitating a Team Around the Family meeting. This session will help you understand how the Signs of Safety approach can be used to improve outcomes for children, young people and their families.
School Anxiety and School Refusal	Maintaining positive mental health and wellbeing is complex, in particular coping with the things which make us anxious. For many families, returning to school can heighten levels of anxiety and for a few, those anxieties can ultimately lead to school refusal. This session will explore the co-regulation of managing stress levels and low arousal approaches towards co-operative compliance, in order to encourage and promote self-regulation.
Strength and Relationship Practice Model	This session provides an insight to the strength based principles to support positive relationships between children and their families / carers and other significant adults in their lives. During the session you will learn how to initiate change through sharing and respecting the stories of all involved, to enable a constructive way forward so we “shift not shatter” the pathway towards long term stability and resilience.
Supporting LGBTQ+ Children in Schools	An overview for schools when supporting a child or young person who is exploring their gender and / or sexuality (LGBTQ+) within a whole school approach. This course is appropriate for both primary and secondary schools.
Supporting Service Children in Schools and Early Years Settings	The purpose of this training session is to give you a brief insight into Armed Forces life and to discuss the issues and challenges Service children and their families might face.
Supporting Young Perpetrators of Domestic Abuse - IDAS **	In this session, IDAS will explain the Respect Programme and the work they do with young perpetrators of domestic abuse. The session will also cover the impact of domestic abuse on children and the support which is available to children, young people and families.
Thresholds - Safe Uncertainty	This session explores how decisions are made in relation to the vulnerability checklist and different agencies perspectives on situations. How do we know as professionals when to be concerned and what steps are needed? This session will explore how our life experiences, culture and social context all impact on our individual beliefs, routines, expectations and bias in relation to safe uncertainty.

* Delivered by NYCC Grow and Learn

** Delivered by IDAS and Safer Communities or the National Centre for Domestic Violence